



# DUNDULA STATE SCHOOL Est 1922

## 24 November 2016 – Issue 17

*Dundula State School acknowledges the traditional custodians of the land and pay our respects to the Elders past, present and emerging, for they hold the memories, the traditions, the culture and hopes of Aboriginal and Torres Strait Islander peoples across the state.*

### FROM THE PRINCIPAL'S DESK

After this week, there are only two more weeks until the end of the 2016 school year. We are busy finalising assessments in readiness for reporting. Report cards will be given out on the last day of school, Friday 9 December.

Our enrolments continue to grow quickly and this is really encouraging as we have worked very hard at advocating our school as the *best little country school in town*. Over the last couple of weeks we have welcomed some new students and families to the Dundula School community. A huge Dundula welcome goes out to **Logan** (year 5) and **Rhani** (year 1) and their family **Susan** and **Peter**. Also a big Dundula welcome goes to **Ashton** (year 3) and **Lily** (year 1) and their family **Virginia** and **Mark**. And another huge welcome to **Zarnae** (year 1) and her family **Lee-ann**. Thank you for choosing Dundula. We really appreciate it.

Recently we had visitors from Regional office visit our school and they commented on how beautiful the school is looking and on the behaviour of our children. Thanks to **Phil** Hall (groundsman) for the wonderful work you are doing in keeping our school looking so pristine. Thanks also to our volunteers **Julie** and **Tony** for generously mowing the oval and larger ground areas. Your help is greatly appreciated. Thanks too, to the staff who also help around the grounds on a regular basis.

☺

*Trudy*

### IMPORTANT DATES

24 Nov	Year 6 Valedictory Dinner
25 Nov	Rhonda Brown visit
28 Nov	P&C Break-up
29 Nov	Homebush teachers visit
2 Dec	Prep orientation
6 Dec	Awards and Carols
9 Dec	A+ Day
9 Dec	Parade at 2.30pm
23 Jan 2017	First day of school
26 Jan 2017	Australia Day holiday
21 Feb 2017	P&C AGM

Homebake – 30 November – Hall; Jaiden M; Jayde M; Saron  
Homebake – 07 December – Large; Saron-Nicol; Grennan; Homewood

## PARADE AWARDS

The following students received awards at parade.

### November 11

Student of the week	Fallon; Paige; Johnathon; Nataya; Gabriel; Riley
Reading awards	Sigou – 25; Emily A – 50; Sebastian – 75; Owen – 100; Audrey – 100; Houston – 100; Imogen – 125; Jasmyn – 125; Rebecca – 150
Good ones winner	Jake J; Taj; Jesse; Matilda, Audrey

### November 18

Student of the week	Zarnae; Rahni; Jake H; Jayde; Sigou; Atahlia; Kobe
Reading awards	Ewan – 150
Good ones winner	Owen; Jake J; Montana

## 2017 ENROLMENTS

New enrolments are still coming in for the 2017 school year and it is confirmed that we will be having three (3) classes to begin the new school year. The class make-up will be a Prep/1 (Mrs Bulger and Mrs Whitfield), a 2/3 (new teacher) and a 4/5/6 class (Mrs Hall and Mrs Large).

## A+ DAY

Our end of term A+ day will be held on the last day of school **Friday 9 December**. On this day the students will depart the school, by bus, at 9:15am and to travel to the Bluewater Lagoon for some fun and excitement in the water. The students will return to school at approximately 12pm and on arrival back at school, they will be treated to a special free lunch provided to them by our wonderful P&C.

The afternoon will be filled with fun activities and a special parade will be held at 2:30pm where we will say goodbye for 2016 and deliver report cards to each student. Term 4 attendance awards will also be presented.

## POSITIVE PARENTING

### By Professor Matt Sanders

As a parent, you want to do the best for your child, but how do you know what's right? What do you do when your child answers back? Or is being bullied at school? Or starts telling obvious lies?

Over coming weeks I'll share some of Triple P's proven tips for the best ways to handle common behavioural and developmental problems in children. From battling disobedience to encouraging homework routines, I'll cover those everyday issues to help you work out some strategies to suit your family.

I'll highlight common "parent traps" and hopefully make the very important job of raising kids as enjoyable and rewarding as possible.

But remember, parenting is sometimes hard work and it may take time to tackle more difficult problems. The good news is that help is always at hand. Throughout Queensland the Queensland Government is offering parenting support with Triple P, one of the world's most highly-regarded, evidence-based parenting programs.

**Professor Matt Sanders is founder of the Triple P - Positive Parenting Program®. To find out more about Triple P in Queensland go to [www.triplep-parenting.net](http://www.triplep-parenting.net).**

## PREP ORIENTATION MORNING

The school is hosting a Prep Orientation Morning on **Friday 2 December** in conjunction with our Step Up 2 Prep Program from 9am to 10am.

The students will be joining Mrs Whitfield, Mrs Bulger and Mrs O'Brien for a fun morning getting the students used to their new peers, classroom/school, routines and so on. Parents/carers are welcome to get together and have a chat and a cuppa (in the library conference room) while the students are busy during this session.

A flyer with all the information will be sent out this week.

## RACECOURSE MARKET STALL

We have been invited to set up a stall at the Racecourse Markets, which are being held every Sunday starting at 8.30am until Christmas. Our stall will sell left-over Christmas decorations from the Harvest Fair and we will take this opportunity to promote our beautiful school and have enrolment packages and brochures available. If you can spare some time on a Sunday, between now and Christmas, please come to the office and put your name on the roster.

## 2017 SCHOOL LEADERS

Our school leaders for the 2017 school year have been confirmed. They will be announced at the Awards/Carols Evening on Tuesday 6 December. A separate note will go home soon about the Awards/Carols Evening.

## BOOKLISTS

Booklists will be handed out this week. Please ensure that you get in early to purchase your student's school requirements for the 2017 school year.

Please consider supporting **South Mackay News**, Evans Street, South Mackay when purchasing items from the booklist. They will do up year level kits for you, if requested or they will sell individual items of your choice. **South Mackay News** supports our school all year round by providing all our classroom prizes, good one awards, supporting the P&C with fundraising efforts and they also contribute financially to the school with a contribution based on a percentage of the money spent by parents when purchasing items from the school's booklists.



## 2017 SCHOOL YEAR

All staff will return to school on Tuesday 17 January 2017 for four (4) pupil-free days, concluding on Friday 20 January 2017. Students are expected to return to school on Monday 23 January 2017.

## KIDS AS CONSUMERS

**By Professor Matt Sanders**

It could be anything from breakfast cereal at the supermarket to an expensive new video game. Chances are though, your child has a very clear idea of what he or she wants you to buy.

It's hardly surprising when you consider children watching two hours of television a day will be bombarded with around 10,000 advertising messages every year.

So, with children being groomed to consume from a very young age, some parents may feel powerless when the pestering starts. But there are ways to help children express their wants – which is natural and not necessarily negative – yet prepare them for the disappointment of not always getting everything they want.

First, you should help your child understand why you will or won't buy something. Rather than telling your son he can't have something, "because I say so", you could explain why the product isn't suitable. Is it offensive or too expensive? Perhaps the child can have the item when they reach a certain age. Explain once and don't let your child interrogate you.

You can also help your children become better informed consumers by teaching them the value of money. Give them a set amount of pocket money to spend as they like. Even six year olds soon learn they can't buy anything once the piggy bank is empty.

And finally, remember you're a role model. Think about what you say and do in front of your kids. If you constantly discuss other people's worth or success in terms of how much they earn, how much they have or what they've bought, your child is going to accept those values as important.

**Professor Matt Sanders is founder of the Triple P - Positive Parenting Program®. To find out more about Triple P in Queensland go to [www.triplep-parenting.net](http://www.triplep-parenting.net).**

## ATTENDANCE

A reminder that a sharp and narrow focus on attendance is still in force this term. Our school goal is to have **all** students attending **>95%** of the time. Lateness also matters. Education Queensland has very strict guidelines about lateness. The first bell rings at **8:50am**. On Monday, Tuesday and Thursday, Reading Club begins at **8:30am**. Reading Club is an excellent opportunity to improve student's literacy skills and we don't want them to miss out if they are late! Please ensure students are at school and ready for learning at the appropriate time each day. With your help we can reach our goal of having all students attend **>95%** of the time.

## SCHOOL ABSENCES

It is the responsibility of the parent/carer of a student to advise the school when a student will be absent and for what reason. At Dundula State School you may advise of an absence by:

-  phoning the office on 4952 8333
-  talking with the student's teacher in person
-  sending an SMS to the school mobile on 0408 820 025

We encourage you to notify the school **prior** to the start of the school day if the student will be absent from school. Also if a student leaves early due to illness and then is away for further days after this, you must still advise the school of subsequent absences. The school does not and cannot assume the student is still ill.

From the beginning of 2017, it is mandated that state schools contact parents/carers in the morning if a student has not arrived at school and we have not been notified of an absence. We are working towards getting those processes in place now.

## READING CLUB, NUMERACY GAMES AND SMART MOVES

All parents, carers and members of the community are welcome to join in with Reading Club, Numeracy Games and Smart Moves held every *Monday*, *Tuesday* and *Thursday* morning. Thank you to those adults who already do this on a regular basis. The staff and students are very grateful to you for giving up your time to do this. The more adults we have supporting our children, the more beneficial it is for everyone. 😊

## HELLO RAINBOW – CHILDREN’S BOOK

Rhonda Brown, the author of the children’s book *Hello Rainbow*, is visiting our school on **Friday 25 November** at 9:30am to read her book to our Step Up 2 Prep students. Other students will also be invited to attend this reading.

If you already own a copy of the book, bring it along and get it signed by its author. Alternatively, students can purchase the book on the day and have it signed by Rhonda.

## DEALING WITH DISAPPOINTMENT

By Professor Matt Sanders

Despite what certain sport shoe commercials might have you believe, life isn’t always about winning.

It is equally important for the development of healthy self-esteem that children learn how to deal with disappointment.

As a reaction to not getting what they want, such as being chosen for a team, children may sometimes put themselves down, saying things like: “I’m dumb”, “you hate me” or “I’m just stupid”. If this happens, try to avoid being too sympathetic. Instead encourage your child to try again after the set-back and to enjoy the activity or game even if they aren’t the winner.

Rather than simply reassuring your child that everything will be okay, you can help your child develop their own sense of worth by letting them know that you understand their feelings of disappointment and that you are there to help them work out a reasonable way of dealing with that disappointment.

Remember too, when you’re helping your child with an activity or with homework concentrate on effort not results. Praising your child for trying and making an improvement will motivate them to continue trying at a difficult task.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. To find out more about Triple P in Queensland go to [www.triplep-parenting.net](http://www.triplep-parenting.net).

## VALEDICTORY DINNER

The annual Valedictory Dinner was held on **Thursday 24 November** at Souths. This is the evening where we celebrated the successes of our current Year 6 students. The 2016 valedictorian is Rebecca Homewood. We all had a great night as did our Year 6 students and their families.

## AWARDS/CAROLS NIGHT

The annual Awards/Carols Night will be held on **Tuesday 6 December**. It would be lovely to see all students and families attend the evening. Year level awards are presented for Academic, Cultural and Most Improved. Various other awards are also presented including the Music Award, Language Award and Sports Award. Each class will present an item on the evening and we will have Christmas carols as well. Staff will present an act and the students will also be performing the bush dances they have been learning. Watch this space for more details which will be coming soon.

## HOMEWORK HABITS

**By Professor Matt Sanders**

Homework is an accepted part of every child's schooling. However, it doesn't have to become a family battle. The key is for parents and children to be prepared.

Your child should have a set, regular time for homework that fits in around your schedule and your child's other commitments such as sport or music lessons.

Homework should come at a time after your child has had a chance to relax after arriving home and before they are allowed to play or watch television.

Relaxing immediately after school is as important for children as it is for adults who want to wind down after coming home from work. Give your child an afternoon snack and use that time to find out what their homework tasks are, whether they need any special materials for projects, and when it needs to be ready.

While children don't have to have absolute quiet when working, they should have a homework area that has clear table space, is well lit, and is free from obvious distractions (like the television).

If your child wants your opinion on how good their homework is don't feel that you have to make sure the work is perfect before they hand it in. They may feel discouraged if you point out all the spelling and punctuation mistakes. Instead, say something positive about the work and, if you must make corrections, just choose one or two mistakes.

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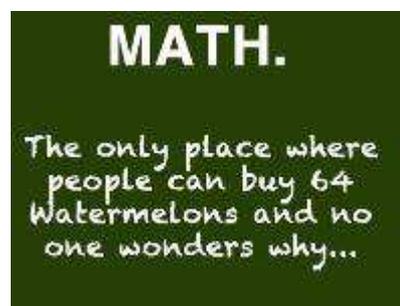
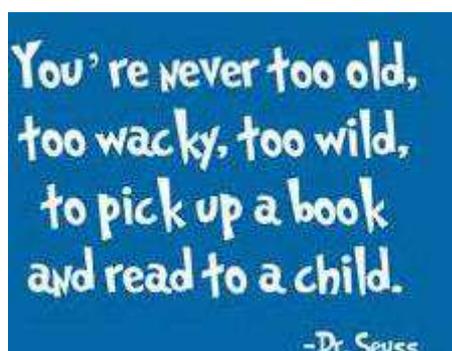
## VISITING TEACHERS

Teachers from Homebush State School will be visiting our school **Tuesday 29 November** at 11am. They will observe our spelling program in action in the classroom and learn from us before implementing a similar program back at their school. Well done to our Dundula teachers for running such a great spelling program, such that others want to check out what we are doing!

## FAREWELL

**Kathy Quattrocchi**, one of our lovely lollypop ladies is retiring at the end of next week. Kathy has been working at the school for almost 29 years and she is much loved by the entire Dundula School community and will be missed. Please take the time to say goodbye to Cathy and wish her and her husband Lou well in their retirement.

## Our 2016 Improvement Focus is WRITING and NUMERACY



## SCHOOL TIMES

<b>8.30am</b>	Office is open until 11am – Monday through Thursday Reading Club – Monday, Tuesday and Thursday
<b>8.50am</b>	Numeracy – Monday, Tuesday and Thursday Smart Moves – Monday, Tuesday and Thursday Parade – Friday
<b>11.00am</b>	First break Office closes
<b>11.45am</b>	First break ends Words Their Way – Monday through Thursday
<b>1.15pm</b>	Second break
<b>1.45pm</b>	Second break ends
<b>3.00pm</b>	School day finishes

## TELLING KIDS WHAT TO DO

**By Professor Matt Sanders**

When children refuse to cooperate, it may be related to the way instructions are given. Here are some common traps.

Too many: The more instructions you give, the more opportunities to disobey.

Too few: Children may sometimes seem disobedient because no one has taken the time to give them clear information on what is expected.

Too vague: Shouting your son's name, then pausing and frowning because he is jumping on the couch might not be of much help if he has also just teased his sister. State clearly what behaviours you find unacceptable.

Asking, not telling: Don't phrase an instruction as a question. If you ask: "Would you like to go to bed now?" be prepared for them to say: "No".

Poorly timed: Asking your child to do something while they are busy watching their favourite television show will probably result in them ignoring the instruction.

Shouting from a distance: Instructions shouted from one room to another are often ignored simply because parents are not there to back up the instruction.

Emotionally laden: Children react to the emotional tone of what parents say to them. Calling children "stupid" or an "idiot" shows disapproval of the child rather than the child's behaviour. Although it can be difficult, parents should work to control expressions of anger when giving children instructions.

If you want your child to stop doing something, remember to tell them what to do instead. Also tell them the consequence of disobeying. Give your child time to cooperate and praise them when they do so – or carry out the consequence if they refuse.

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## STEP UP 2 PREP

### Fridays from 9am to 11am

Every Friday, Dundula State School facilitates a children's play and learning environment to assist in a smooth transition to school.

Our interactive program:

- prepares children for school
- nurtures their curiosity
- develops motor skills
- familiarises children with our campus
- boosts pre-math and literacy skills
- promotes social and emotional development

Come and have some fun in the Arts Room!

## P&C NEWS

### Next meeting

We are holding our P&C break-up on **Tuesday 28 November 2016** at 7pm in the Library conference room. All committee members from 2016 are welcome. Please bring along nibbles and drinks to celebrate the end of the year.

### President's Report

I would like to take this opportunity to thank the 2016 Executive Committee and the community members, parents and carers for their continual help throughout the year.

This year has been productive for the P&C. We supported the school this year with buses for excursions, the purchase of a new Interactive Touch Board for the Prep/1/2 class and much more.

We held our first Inaugural Harvest Fair which was well supported and also well prepared. I would like to thank the Harvest Fair committee for the time and effort which went into ensuring that the fair went ahead and its success.

Thank you to our community, parents and carers.

Have a safe and Merry Christmas and a Happy New Year.

*Joy Hodges* – P&C president

### Positions vacant 2017

**Tuesday 21 February 2017** – P&C AGM at 7.00pm.

As is customary, all P&C Association positions are vacated at the end of each year. The following positions need to be filled by members of our school community. Nomination forms are available from the Office.

#### Positions vacant

President

Vice-president

Secretary

Treasurer

Tuckshop convenor

### 2017 Dates

Monday 30 January 2017 – Tuckshop will start with the same menu as currently available.

Friday 3 February 2017 – Hot Dog menu will be available.

Friday 3 February 2017 – Icy Cups commence.

Tuesday 31 January 2017 – Breakfast Club restarts at 8.00am.

Tuesday 21 February 2017 – P&C AGM at 7.00pm.



## BACK TO SCHOOL

### VIP shopping event

5% OF EVERY PURCHASE GOES BACK TO YOUR NOMINATED SCHOOL

<b>When</b>	Thursday 6pm – 9pm 12 <sup>th</sup> January 2017
<b>Where</b>	Amart Sports North Point Retail, Mackay.

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Sarina Surf Life Saving Club presents

# Carols by Candlelight

Hosted by SEA FM's Jay & Dave

## Sarina Beach

### Sat 17 December

from 5.30pm

## Twilight Markets

from 3pm

- ★ Food
- ★ Drinks
- ★ Lucky Hams
- ★ Glow Products
- ★ Santa Appearing
- ★ Local Musicians
- ★ Family Fun
- ★ BYO chairs/rug

Supported by the following

For further information:  
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MICHELLE LANDRY MP  
Member of Parliament

## TUCKSHOP NEWS

The Tuckshop aims to provide healthy food for our students. Please continue to support the Tuckshop by ordering lunch on a Monday or volunteering to help out.

**Dundula State School  
TUCKSHOP**

Open Monday -  
First Break

The aim of our tuckshop is to  
provide fun, healthy and delicious  
food to our school community.



**SANDWICHES**

WHOLEMEAL OR GRAIN BREAD

Legemite	\$2.00
Honey	\$2.00
Strawberry Jam	\$2.00
Cheese	\$2.50
Egg & Lettuce	\$2.50
Ham, Cheese & Tomato	\$3.00
Chicken, Cheese & Mayo	\$3.00
Ham/Chicken & Salad Roll	\$4.00
Isolated as an extra	\$0.50

FREE Toasting available on sandwiches

**DRINKS**

Plain Milk (Full or Lite)	\$1.00
Strawberry Milk	\$2.00
Chocolate Milk	\$2.00

**SNACKS**

Fruit - seasonal	\$1.00
Popcorn cup	\$1.00
Boiled Egg	\$1.00
Sultana Box	\$1.00
Corn Cob	\$1.00
Frozen Yoghurt	\$2.00

**HOT FOOD**

Homemade Lasagne	\$4.00
Baked Potato with Baked beans & Cheese	
<u>OR</u> Bolognese & Cheese	\$4.00
Homemade Savoury Mince With Toast	\$4.00

**DEALS**

MINI

1 x Green Snack & 1 x Green Drink	<b>\$1.50</b>
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COLD

1 x Sandwich (Rolls NOT included) 1 x Green Snack 1 x Green Drink	<b>\$4.00</b>
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HOT

1 x Hot Meal 1 x Green Snack 1 x Green Drink	<b>\$5.50</b>
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**SOMETIMES STUFF**

Chicken Crackles	\$3.00
ZING Ice Bar	\$1.00

All other items from previous menu are available until sold out.

## Friday is Hot Dog Day!

Buttered bread roll	\$1.50
Flavoured milk	\$2.20
Frankfurt (no roll)	\$1.70
Hot dog with sauce	\$2.50
Hot dog with sauce and cheese	\$2.70
Zing tube	\$1.50

## Breakfast Club

Breakfast Club is on **Tuesday** and **Thursday** mornings from 8am.

## Icy Cup Friday

Every Friday after school, 50c will buy a refreshing icy cup for the arduous trek home.

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